## The ionization energy of metastable <sup>3</sup>He and <sup>4</sup>He (2 <sup>3</sup>S<sub>1</sub>) and the alpha- and helion-particle charge-radius difference from precision spectroscopy of the np Rydberg series

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The comparison of calculated and experimental energy intervals in He represents an attractive route to test the fundamental theory of two-electron systems and to determine physical constants and particle properties such as the charge radii of the helion  $({}^{3}\text{He}^{2+})$  and alpha  $({}^{4}\text{He}^{2+})$  particles. This route is, however, currently blocked by discrepancies between experimental and theoretical results in this fundamental atomic system. In particular, calculated and measured values of the transition frequencies from the 2  ${}^{3}S_{1}$  metastable and the 2  ${}^{3}P_{0}$  states of  ${}^{4}\text{He}$  to the 3  ${}^{3}D_{1}$  state differ by more than  $10\sigma$  [1, 2, 3] and experimental and theoretical values of the ionization frequency of the 2  ${}^{3}S_{1}$  and 2  ${}^{1}S_{0}$  metastable states of  ${}^{4}\text{He}$  differ by  $9\sigma$  [1, 4, 5]. Moreover, recently reported  ${}^{3}\text{He}^{2+}$  and  ${}^{4}\text{He}^{2+}$  squared-charge-radii differences obtained by combining theory and precision spectroscopy for 2  ${}^{2}P \leftarrow 2 {}^{2}S$  transitions in muonic He<sup>+</sup> ions [6] and for the isotopic shift of the 2  ${}^{3}S_{1} \leftarrow 2 {}^{1}S_{0}$  transition [7] in He deviate by 3.6 $\sigma$ . Recent progress in the theoretical treatment of singlet-triplet mixing in  ${}^{3}\text{He}$  might resolve this discrepancy [8, 9].

In this talk, we present an improved experimental method for the determination of the ionization energy of the  $2^{3}S_{1}$  state of <sup>4</sup>He via the measurement of transitions from the  $2^{3}S_{1}$  state to *n*p Rydberg states. The upgrades to our experiment include (i) the preparation of a cold, supersonic expansion of helium atoms in the  $2^{3}S_{1}$  state, (ii) the development of a laser system with SI-traceable frequency calibration for driving the transitions to *n*p Rydberg states, (iii) the implementation of a sub-Doppler, background-free detection method [10], and (iv) an interferometric alignment procedure for counter-propagating laser beams to cancel the 1<sup>st</sup>-order Doppler shifts [5]. We illustrate the power of this method with a new determination of the ionization energy of  $2^{3}S_{1}$  metastable <sup>4</sup>He [ $E_{I}(^{4}He)/h = 1152\,842\,742.7082(55)_{stat}(25)_{sys}$  MHz] with a fractional uncertainty of  $4 \cdot 10^{-12}$  by extrapolation of the *n*p series.

These measurements were recently extended to precision measurements of hyperfine-resolved transitions from the 2  ${}^{3}S_{1}$  metastable state of  ${}^{3}$ He to high *np* Rydberg states converging on the  $F^{+} = 0$ , 1 hyperfine levels of the  ${}^{3}$ He<sup>+</sup> 1s  ${}^{2}S_{1/2}$  ground state. Rydberg-series extrapolation using multichannel quantum-defect theory (MQDT) enabled the determination of the ionization energy of the 2  ${}^{3}S_{1}$  state of  ${}^{3}$ He [ $E_{I}({}^{3}$ He)/h = 1 152 788 844.6154(77)<sub>stat</sub>(25)<sub>sys</sub> MHz] and of the corresponding isotopic shift [( $E_{I}({}^{4}$ He) –  $E_{I}({}^{3}$ He))/h = 53 898.093(9) MHz]. The MQDT analysis also permitted the quantification of singlet-triplet mixing in the *np* series induced by the hyperfine interaction. From the isotopic shift of the ionization energy of He, the difference  $\delta r^{2}$  between the squared charge-radii of the helion and alpha particles was determined to be 1.060(10) fm<sup>2</sup>.

## References

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